



Personal Training Rates/Packages

5 Certified Personal Trainers

* Prices and Packages vary among Trainers*

Kallie Landry & DJ Labiche

Our most seasoned trainers.

Required: Initial Consult, Weigh-In & Measure \$40

	Private	Duo	Trio	Four
Per Week				
Session	\$40	\$35	\$30	\$25
2 Sessions	\$70	\$60	\$50	\$40
3 Sessions	\$90	\$75	\$60	\$45

Leslie Miguez

Great with all ages & body types.

Required: Initial Consult, Weigh-In & Measure \$30

	Private	Duo	Trio	Four
Per Week				
Session	\$30	\$27.50	\$25.00	\$22.50
2 Sessions	\$50	\$45	\$40	\$36
3 Sessions	\$67.50	\$60	\$54	\$48

Brittany Guillotte

New and enthusiastic to get started!

Required: Initial Consult, Weigh-In & Measure \$25

\$25 / Session

For all sessions (Private Duo or Triple)

Sessions are One Hour in length

Must cancel 24 hours before session or you will be charged

All sessions must be paid prior to session. Can pay wkly or

mthly