



Leslie Jesse and DJ's Personal Training Rates

Required:
Initial Consult
Weigh-In &
Measure
\$30

**You choose
private or group sessions
You choose
number of sessions/week**

Private Sessions:

1/wk: \$30
2/wk: \$27.50
3/wk: 25.00
4/wk: \$22.50

Work
out
sessions are
ONE hour in length

Group Sessions:

2 ppl \$27.50 each
3 ppl \$25.00 each
4 ppl \$22.50 each

Nonmembers add \$5/session

Option to pay weekly or monthly rate.
Must cancel 24 hours ahead or
you WILL be charged for session.