



WEIGHT RM MINI SESSIONS with Leslie

Meet our newest personal trainer @ The GYM, Leslie! She's been exercising for 10 years & been a member here since 2011. She has competed in several NPC Bikini Competitions & has learned how to live a healthier lifestyle in the process. She can train any age & all body types & would love to help you achieve your fitness goals!

Group Sessions (2-4 people)

\$ 25 one time fee

MUST PRE-REGISTER. 24 hour cancelation policy

**Learn your way around the WEIGHT RM &
GET A ROUTINE TO TAKE HOME WITH YOU!**

Sign Up @ the Front Desk or call 365.2640